

Reza Bagherian-Sararoudi Ph.D.

CURRICULUM VITAE

OFFICE	HOME
Department of Health Psychology School of Medicine Isfahan University of Medical Sciences Isfahan, IRAN (31) 36689313 Phone (31) 36689313 Fax E-mail: bagherian@med.mui.ac.ir	No: 11, Felora Building, 3th Abshar Str. Isfahan, IRAN. (31) 36306466 Home (913) 118-8365 Cell Date of Birth: May 24, 1963 Marital Status: Married

Education

- 2006 Ph.D., Clinical Health Psychology, Department of Psychology, University of Tehran
- 1993 M.S., Clinical Psychology, Department of Clinical Psychology, Tehran Institute of Psychiatry, Iran University of Medical Sciences
- 1990 M.S., General Psychology, Department of Psychology
- 1988 B.S., Psychology, Clinical Psychology, Department of Psychology, University of Isfahan

Academic Positions

- 2023- Present. Research director of Behavioral Sciences Research Center, Isfahan University of Medical Sciences, Isfahan, Iran.
- 2020- Present. Professor of Clinical Health Psychology in Department of Health Psychology at Isfahan University of Medical Sciences
- 2020- Present. Professor of Clinical Health Psychology in Department of Supportive and Palliative Care at Isfahan University of Medical Sciences
- 2018- 2020. Associate Professor of Clinical Health Psychology in Department of Supportive and Palliative Care at Isfahan University of Medical Sciences
- 2015- Present. Head of Health Psychology Department at Isfahan University of Medical Sciences
- 2015-2020. Associate Professor of Clinical Health Psychology in Department of Health Psychology at Isfahan University of Medical Sciences
- 2011- Present. Associate Professor of Clinical Health Psychology in Department of Psychiatry at Isfahan University of Medical Sciences
- 2011-Present. Editor-in-Chief of Journal of Research in Behavioral Sciences, Behavioral Sciences Research Center at Isfahan University of Medical Sciences

- 2007-2011. Assistant Professor of Clinical Health Psychology in Department of Psychiatry at Isfahan University of Medical Sciences
- 1993-2007. Lecturer of Clinical Psychology in Department of Psychiatry at Isfahan University of Medical Sciences
- 1989-1993. Clinical Psychologist of Department of Psychiatry at Isfahan University of Medical Sciences

Publications

Articles

- Reza Bagherian Sararodi, Bijan Iraj, Amrollah Ebrahimi, Seyed Mahdi Mirpourian. A Psychological Intervention for Mothers of Children with Type 1 Diabetes: Effects on Children's HbA1c Levels, Self-Management, Quality of Life, and Social Support (2026). Journal of Isfahan Medical School
- Gholamreza Talebi, Reza Bagherian Sararodi, Hasan Rezaei Jamaloui, Hamidreza Oreyzi, Pegah Bagherian Sararodi. Effectiveness of Cognitive-Mindfulness Group Therapy on Illness Perception and Distress Tolerance in Women with Breast Cancer (2026). Journal of Isfahan Medical School
- Hamid Kharatzadeh, Rasol Roshan Chesli, Mohammadreza Shaeiri, Hojjatollah Farahani, Reza Bagherian-Sararoudi. Network Analysis of Social Anxiety and Perfectionistic Self-Presentation (2026). Journal of Applied Psychological Research
- Marzieh Lak, Reza Bagherian. Investigating the mediating role of maladaptive metacognitive beliefs in the relationship between personality traits of neuroticism and conscientiousness with symptoms of insomnia and nightmares in Isfahan University students (2025). Rooyesh-e-Ravanshenasi Journal (RRJ)
- Reza Bagherian-Sararoudi, Gholamreza Talebi, Hassan Rezaei Jamaloei, Hamidreza Oreyzi, Pegah Bagherian-Sararoudi. The effectiveness of mindfulness-based cognitive therapy Intervention on attitudes toward death and hope in women with breast cancer: A randomized clinical trial (2025). Daneshvar Medicine
- Gholamreza Talebi, Reza Bagherian Sararodi, Hasan Rezaei Jamaloui, Hamidreza Oreyzi, Pegah Bagherian Sararodi. The Effectiveness Of Emotional Schema Therapy On Hope And Illness Perception In Women With Breast Cancer: A Randomized Clinical Trial (2025). Journal of Research in Behavioral Sciences
- Hamid Kharatzadeh, Rasool Roshan-Chesli, Mohammadreza Shaeiri, Hojjatollah Farahani, Reza Bagherian-Sararoudi. Psychometric Properties of the Persian Version of the Social Self-Compassion Scale in Students (2025). Rooyesh-e-Ravanshenasi Journal (RRJ)

- Sara Mirzaei, Reza Bagherian-Sararoudi, Mohammad Hasan Davazdah Emami, Razieh Izadi, Mohammad Reza Sharbafchi. The effectiveness of internet-based acceptance and commitment therapy on acceptance of illness, emotion regulation, symptom severity reduction, and symptoms interference with function in patients with breast cancer (2025). BMC psychiatry
- Pegah Bagherian-Sararoudi, Mohammadreza Davoudi, Afsaneh Karbasi, Reza Bagherian Sararoudi. The Role of Melatonin in Addressing Sleep Problems in Children with ADHD: A Narrative Review (2025). Journal of Research in Behavioral Sciences
- Hamid Kharatzadeh, Rasol Roshan-Chesli, Mohammadreza Shairi, Hojjatollah Farahani, Reza Bagherian Sararoudi. Psychometric Properties of the Persian Version of the Perfectionistic Self-Presentation Scale in University Students (2025). Journal of Clinical Personality & Psychology
- Fatemeh Nikbakht, Amrolah Ebrahimi, Seyed Ali Kolahdoozan, Reza Bagherian-Sararoudi, Mohammad Reza Maracy, Mohamad Shayan Kolahdoozan. The Effectiveness of Acceptance and Commitment Therapy (ACT) on Lifestyle in Overweight Individuals (2025). Journal of Isfahan Medical School
- Gholamreza Talebi, Hasan Rezayi Jamaloui, Reza Bagherian Sararodi, Hamidreza Oreyzi, Pegah Bagherian-Sararoudi. Effectiveness of Meaning-Centered Group Therapy on Death Attitude and Distress Tolerance in Women with Breast Cancer with Death Anxiety (2024). Health Psychology
- Nafise Zare, Amrollah Ebrahimi, Mansour Siavash, Reza Bagheriansararodi. Mentalization as a mediator between psychological well-being, attachment styles, and treatment adherence: a structural equations model among Iranians with type 2 diabetes (2024). International Archives of Health Sciences
- Amrollah Ebrahimi, Mehdi Borouni, Reza Bagherian-Sararoudi, Zahra Heidari, Fariborz Khorvash. The Mediating Role of Pain Intensity in the Effect of Psychosomatic Components on the Quality of Life of Patients with Migraine Headaches: A Path Analysis Study (2024). Journal of Research in Behavioral Sciences
- Seyed Mohammad Hossein Mousavi, Mahdi Hassani Azad, Mahnaz Ahmadi, Pegah Bagherian Sararoudi, Reza Bagherian-Sararoudi. A Review of Psychoneuroimmunological Studies in Depression (2024). Journal of Research in Behavioral Sciences
- Fatemeh Zargar, Ailin Salmani, Neda Mostofizadeh, Reza Bagherian-Sararoudi, Zahra Heydari. Comparing the Effect of Internet-Delivered Self-Care Training and Play Therapy on the Quality of Life of Children with Type 1 diabetes in 2021 in Isfahan City- Randomized Clinical Trial (2023). Iranian Journal of Diabetes and Obesity
- Gholamreza Talebi, Hasan Rezaei Jamaloui, Reza Bagherian Sararodi, Hamidreza Oreyzi. The Effectiveness of Emotional Schema Therapy on the Quality of Life and the Sense of Agency of Breast Cancer Patients (2023). Journal of Research in Behavioral Sciences

- Gholamreza Kheirabadi, Reza Bagherian Sararoudi, Sodeh Talebi, Farinaz Khodadadi. Investigating the Role of Illness Perception as a Mediator Between Personality Variables and Quality of Life (QoL) in Patients With Heart Attack, A Cross-sectional Study (2023). *Current Psychosomatic Research*
- Gholamreza Talebi, Jamaloui Hasan Rezaei, Sararoudi Reza Bagherian, Hamidreza Oreyzi. Effectiveness of emotional schema therapy on death attitude and distress tolerance of breast cancer patients (2023). *Journal of Research in Behavioral Sciences*
- Shila Kermani, Amrolah Ebrahimi, Reza Bagherian-Sararoudi, Awat Feizi, Peyman Mottaghi. The Mediating role of Pain Catastrophe, Depression and Anxiety in the Relationship between Psychological Flexibility and Pain Self-Efficacy in Patients with Musculoskeletal Pain (2022). *Journal of Isfahan Medical School*
- Ailin Salmani Hoodanloo, Fatemeh Zargar, Reza Bagherian-Sararoudi, Neda Mostoufizadeh, Rarani Zahra Heidari. The effectiveness of play therapy in improving the mental health of children with type 1 diabetes (2022). *Journal of Research in Behavioral Sciences*
- Tavakol Khanizadeh, Reza Bagherian-Sararoudi, Amrollah Ebrahimi, Awat Feizi, Hamid Sanei. The Role of Psychological Flexibility on Quality of Life in Patients with Coronary Artery Disease (CAD) Mediated by Illness Perception: Structural Equation Model (2022). *Journal of Isfahan Medical School*
- Amrollah Ebrahimi. Mehdi Borouni, Reza Bagherian-Sararoudi, Zahra Heidari, Fariborz Khorvash. The Role of Mediating the Relationship Between Pain Anxiety and Psychosomatic Components on Quality of Life in patients with Migraine Headache: Path Analysis (2022). *Journal of Isfahan Medical School*
- Sayed Mohamad Hosein Mosavi, Amrollah Ebrahimi, Hamid Sanei , Mohammad Reza Abedi , Awat Feizi, Reza Bagherian-Sararoudi. The Relationship between Illness Perception, Mentalization and Personality Type D with the Quality of Life of Coronary Heart Disease Patients: An Application of Structural Equation Model (2022). *Journal of Isfahan Medical School*
- Yasaman Aghili, Fatemeh Dehghani, Zahra Naderi, Reza Bagherian-Sararoudi. Comparison of care stress in caregivers of patients with cancer and chronic mental disorders (2022). *Journal of Isfahan Medical School*
- Mahzaz Ahmadi, Reza Bagherian-Sararoudi, Seyed Mohammad Hossein Mousavi (2021). Mentalization and Its Multidimensional Nature. *Journal of Research in Behavioral Sciences*.
- Seyyedeh Hakimeh Mousavi, Reza Bagherian-Sararoudi, Farahnaz Meschi, Javad Khalatbari, Biouk Tajeri. The Role of Mediating Pain Catastrophizing in the Relationship between Health

Literacy and Specific Quality of Life in Breast Cancer Patients (2020). Journal of Research in Behavioral Sciences.

- Seyyedeh Hakimeh Mousavi, Reza Bagherian-Sararoudi, Farhnaz Meschi, Javad Khalatbari, Biouk Tajeri. The Role of Mediating Resilience in the Relationship Between Health Literacy and Specific Quality of Life in Breast Cancer Patients (2020). Quarterly Journal of Health Psychology
- Reza Bagherian-Sararoudi, Ahmad Alipour, Bahareh Mirahmadi. Health Psychology and Coronavirus Pandemic Crisis (Covid-19): A Review Study (2020). Journal of Isfahan Medical School
- Leila Ahmadi Ghahnaviyeh, Reza Bagherian, Awat Feizi, Atefe Afshari, Firoozeh Mostafavi Darani. The Effectiveness of Acceptance and Commitment Therapy on Quality of Life in a Patient with Myocardial Infarction: A Randomized Control Trial (2020). Iranian Journal of Psychiatry
- Gholamreza Kheirabadi, Zahra Akashe, Mohammad Reza Maracy, Reza Bagherian-Sararoudi. The Relationship Between Personality Traits and Adherence among Patients with Hypertension. (2020). International Archives of Health Sciences. |
- Nasrin Masaeli, Reza Bagherian, Gholamreza Kheirabadi, Anahita Khedri, Behzad Mahaki (2019). Psychometric Properties of the Persian Version of the Brief Illness Perception Questionnaire in Chronic Diseases. Journal of Research in Rehabilitation Sciences
- Reza Bagherian-Sararoudi, Mohammadreza Maracy, Hamid Sanei, Mansoor Shiri. (2019). Factors in relation with fatigue and illness perception in patients with myocardial infarction and the changes in fatigue due to intervention on illness perception: Research design, methodology, and preliminary results. ARYA Atherosclerosis Journal.
- Reza Bagherian-Sararoudi, Mohammadreza Maracy, Hamid Sanei, Mansoor Shiri. Relationship Between Type D Personality Subscales, Coping Strategies, Illness Perception, and Fatigue in Myocardial Infarction Patients Using Structural Equation Modeling (2019). Iranian Journal of Psychiatry and Behavioral Sciences.
- Saeyyedeh Hakimeh Mousavi, Reza Bagherian-Sararoudi (2019). Health literacy and breast cancer. Quarterly Journal of Health Psychology.
- Hoda Doos Ali Vand, Mojtaba Habibi, Reza Bagherian-Sararoudi (2019). A Review of Etiological Models of Insomnia from Cognitive-Behavioral Perspective. Journal of Research in Behavioral Sciences.

- Reza Bagherian Sararoudi, Gholam Reza Kheirabadi, Mohammad Reza Maracy, Sara Ghaneifar (2019). The Relationship between Personality Traits, Anxiety, Depression, and Stress with Self-care in Hemodialysis Patients. *Quarterly Journal of Health Psychology*.
- Reza Bagherian-Sararoudi, Gholamreza Kheirabadi, Maryam Malek Mohammad, Avat Feizi, Hamid Saneai. (2019). A Comparative Study of Left Ventricular Function of People with and Without D-Type Personality Hospitalized for First-Time Myocardial Infarction. *International Archive of Health Sciences*.
- Reza Bagherian-Sararoudi, Mohammad reza Maracy, Hamid Saenei, Mansoor Shiri. (2019). The relationship of perceived social support and locus of control subscales with illness perception in myocardial infarction patients, using Structural Equation Modeling. *Archives of Psychiatry and Psychotherapy*.
- Mojtaba Habibi, Reza Bagherian-Sararoudi, Susan Ghahremani. (2018). Mental Health Challenges in Students: A Futuristic View on Depression and Suicidal Behaviors. *Journal of Research in Behavioral Sciences*.
- Ebrahim Esfandiary, Zahra Abdolali, Victoria Omranifard, Mustafa Ghanadian, Reza Bagherian - Sararoud, Mohammad Karimipour, Behzad Mahaki, Shahriar Dabiri. (2018). Novel Effects of Rosa damascena Extract on Patients with Neurocognitive Disorder and Depression: A Clinical Trial Study. *International Journal of Preventive Medicine*.
- Reza Bagherian-Sararoudi, Peyman Adibi, Karim Askari, Hasan Molavi, Marzieh Sadat Sajadinajad, Fatemeh Zargar (2018). A comparison of psychological adjustment and type D personality between ulcerative colitis patients and normal. *Journal of Thought & Behavior in Clinical Psychology*
- Leila Ahmadi Ghahnaviyeh, Reza Bagherian, Awat Feizi, Firoozeh Mostafavi Darani. (2017). The effectiveness of acceptance and commitment therapy on quality of life in patient with myocardial infarction: a randomized control trial. *International Journal of Advanced Biotechnology and Research (IJBR)*.
- Reza Bagherian-Sararoudi, Gholamhossein Ahmadzadeh, Mahsa Bahraminejad. The Relationship between Illness Perception, Personality Variables, and Adherence among the Patients with Myocardial Infarction (2017). *Journal of Isfahan Medical School*.
- Reza Bagherian-Sararoudi, Mohammad Vafaei Shahi, Gholam Reza Kheirabadi, Sayed Mohammad Hashemi Jazi, Masoumeh Sadeghi. The quality of life in patients undergoing coronary artery bypass surgery: The predictive role of psychological and underlying medical factors (2017). *Journal of Isfahan Medical School*.

- Leila Ahmadi Ghahnaviyeh, Reza Bagherian, Awat Feizi, Atefeh Afshari, Firoozeh Mostafavi Darani (2017). Illness perception and self-care behavior in patients with myocardial infarction. Bioscience Biotechnology Research Communications.
- Mehran Sadeghi, Mohammad Hashemi, Reza Bagherian Sararoudi, Mohammad Reza Merasi, Mitra Molaeinezhad, Hamid Shamsolketabi. Demographic and psychological predictors of recovery from coronary artery bypass graft (2017). Journal of Education and Health Promotion.
- Seyed Ghafur Mousavi, Mohsen Amini, Behzad Mahaki, Reza Bagherian-Sararoudi. Effect of phone call versus face-to-face follow-up on recurrent suicide attempts prevention in individuals with a history of multiple suicide attempts (2016). Advanced Biomedical Research.
- Reza Bagherian Sararoudi, Maryam Motmaen, Mohammad Reza Maracy, Elnaz Pishghadam, Gholam Reza Kheirabadi. (2016). Efficacy of illness perception focused intervention on quality of life, anxiety, and depression in patients with myocardial infarction. Journal of Research in Medical Sciences. JRMS
- Fatemeh Zargar, Negar Asgharipoor, Reza Bagherian-Sararoudi. (2015) Application of mindfulness-based therapies in treatment of bodily distress syndrome. Journal of Isfahan Medical School.
- Majid Safarinia, Maryam Shahandeh, Mahnaz Aliakbari-Dehkordi, Reza Bagherian-Sararoudi. (2015) The effectiveness of Psychosocial Group Therapy on Improvement of Migraine Attacks and Quality of Life among Patient with Migraine. Journal of Isfahan Medical School
- Reza Bagherian-Sarasroudi, Hamid Sanei, Mohsen Ahmadi Tahour Soltani, Hadi Bahrami Ehsan. (2014) Prevalence of anxiety and depression three months after myocardial infarction. Journal of Nurse and Physician Within War.
- Amir Musarezaie, Reza Bagherian-Sararoudi, Sayed Mahmoud Tabatabaie (2014). Predictors of Nurse's Mental Health in Medical-Surgical Wards based on Demographic Variables. Journal of Research in Behavioral Sciences.
- Reza Bagherian-Sararoudi, Gholam Reza Kheirabadi, Fateme Toghiani, Marjan Kosha, Mohammad Hashemi, Mohammad Reza Maracy. (2014) Is there any association of personality traits with vascular endothelial function or systemic inflammation? Advanced Biomedical Research.
- Karahmadi M, Shakibayee F, Amirian H, Bagherian-Sararoudi R, Maracy MR (2014). Efficacy of parenting education compared to the standard method in improvement of reading and writing disabilities in children. Iranian Journal of Psychiatry and Behavioral Sciences

- Reza Bagherian-Sararoudi. Personality Factors in Irritable Bowel Syndrome: A Cross-Sectional Study (2014). *European Psychiatry*
- Gholam Reza Kheirabadi, Fateme Toghani, Marjan Kousha, Mohammad Hashemi, Mohammad Reza Maracy, Mohammad Reza Sharifi, Reza Bagherian-Sararoudi. Is there any association of anxiety-depressive symptoms with vascular endothelial function or systemic inflammation? (2013). *Journal of Research in Medical Sciences*
- Reza Bagherian-Sararoudi, Ahmadsreza Hajian, Hadi Bahrami Ehsan, Mehdi Reza Sarafriz, Gregory D Zimet. Psychometric properties of the Persian version of the multidimensional scale of perceived social support in Iran (2013). *International Journal of Preventive Medicine*
- Shahnaz Khaleghipour, Mohsen Masjedi, Hossein Molavi, Reza Bagherian-Sararoudi. Relationship of Personality Traits, Chronic Fatigue and Serum IgM Level in Patients with Sleep Deprivation (2013). *Journal of Isfahan Medical School*
- Neda Adibi, Katayoun Shafiei, Behrooz Izadi, Hamid Afshar, Reza Bagherian-Sararoudi. Evaluation of Psychological Profile of Patients with Skin Lesions (2013). *Journal of Isfahan Medical School*
- Fariba Monnazami, Reza Bagherian-Sararoudi, Mohsen Ahmadi Tahour Soltani, Mehdi Rabiei. Comparison of Metacognitive (MCT) and Cognitive-Behavioral (CBT) Interventions on Reducing the General Anxiety Symptoms and Metacognitive Beliefs of Patient with This Disorder (2013). *Journal of Isfahan Medical School*
- Zeinab Rashidi, Afkham Daneshfar, Masoumeh Shojaei, Reza Bagherian-Sararoudi, Reza Rouzbahani, Sayed Mohammad Marandi, Amirreza Rashidi. Scrutiny Effects of Eight-Weeks Pilates Exercise on Women's Postmenopausal Depressive Symptoms (2013). *Journal of Isfahan Medical School*
- Reza Karaminia, Mohsen Ahmadi Tahour Soltani, Reza Bagherian-Sararoudi. Prediction of Elders' General Health Based on Positive and Negative Perfectionism and Type-D Personality (2013). *International Journal of Preventive Medicine*
- Fariborz Khorvash, Marzieh Rahimi, Reza Bagherian-Sararoudi, Sayed Ali Mousavi, Alireza Ebnesahidi, Afshin Amirpour, Mansoureh Alsadat Mirabdollahi. Evaluation of intima media thickness of carotid arteries in 40-60 years old persons with type D personality and its comparison with normal ones (2013). *International Journal of Preventive Medicine*
- Ilnaz Sajjadian, Hamid Taher Neshatdoost, Hosein Molavi, Saeed Abrishamkar. The relationship of mindfulness and physical and psychological functioning among women with chronic low back pain: the mediating role of anxiety (2013). *Journal of Isfahan Medical School*

- Abolfazl Mohammadi, Fatemeh Zargar, Abdollah Omid, Reza Bagherian Sararoudi. (2013). Etiological models of social anxiety disorder. Journal of Research in Behavioral Sciences.
- Reza Karaminia, Mohsen Ahmadi Tahour-Soltani, Reza Bagherian-Sararoudi, Zahra Moulavi. Psychometric properties of the trait hope scale in Iranian students (2013). Journal of Research in Behavioral Sciences.
- Gholamreza Kheirabadi, Reza Bagherian-Sararoudi, Nasrin Masaali, Reyhaneh Zonary. Comparison of depression rates between subjects with and without hypertension (2013). Journal of Research in Behavioral Sciences.
- Reza Bagherian-Sararoudi, Bijan Gilani, Hadi Bahrami Ehsan, Hamid Sanei. Relationship between left ventricular ejection fraction and depression following myocardial infarction: an original article (2013). ARYA atherosclerosis
- Zahra Khodaverdian-Dehkordi, Maryam Aguilar Vafaie, Reza Bagherian-Sararoudi, Forouzan Rahmani. Comparative study of some cardiovascular diseases risk factors in type D personality and non- type D personality (2013). Journal of Shahrekord University of Medical Sciences
- Fatemeh Zargar, Abolfazl Mohammadi, Abdollah Omid, Reza Bagherian-Sararoudi. (2013). The third wave of behavior therapy with emphasis on Acceptance- Based Behavior Therapy. Journal of Research in Behavioral Sciences
- Gholamreza Kheirabadi, Reza Bagherian-Sararoudi, Nasrin Masaali, Reyhaneh Zonary. A comparative study on magnitude of depression in patients with hypertension and non-hypertensive controls (2012). Journal of Research in Behavioral Sciences
- Ilnaz Sajjadian, Hamid Taher Neshatdoost, Hosien Molavi, Reza Bagherian-Sararoudi, Saeed Abrishamkar. (2012). The Effect of Cognitive-Behavioral Therapy on Pain Symptoms and Pain Catastrophizing among Chronic Low Back Pain Females. Interdisciplinary Journal of Contemporary Research in Business (IJCRB).
- Azadeh Yaraghchy, Omid Rezaei, Mohammad Hossien Mandegar, Reza Bagherian. (2012). The relationship between Illness perception and quality of life in Iranian patients with coronary artery bypass graft. Procedia-Social and Behavioral Sciences
- Hamid Kalantari, Reza Bagherian-Sararoodi, Hamid Afshar, Niosha Khoramian, Nasim Forouzandeh, Hamed Daghighzadeh, Mohammad Reza Marasi, Peyman Adibi. (2012). Relationship between Illness Perceptions and Quality of Life in Patients with Irritable Bowel Syndrome. Journal of Mazandaran University of Medical Sciences

- Mohamad Hatef Khorami, Rasool Hashemi, Reza Bagherian-Sararoudi, Merhrdad Mohammadi Sichani, Farhad Tadayon, Amir Abbas Shahdoost, Sayed Hamid Arezegar. (2012). The assessment of 24-hour urine volume by measurement of urine specific gravity with dipstick in adults with nephrolithiasis. *Advanced Biomedical Research*.
- Peyman Adibi, Ammar Hassanzadeh Keshteli, Ahmad Esmailzadeh, Hamid Afshar, Hamidreza Roohafza, Reza Bagherian Sararoudi, Hamed Daghighzadeh, Nouroddin Soltanian, Christine Feinel-Bisset, Philip Boyce, Nicholas J Talley. (2012). The Study on the Epidemiology of Psychological, Alimentary Health and Nutrition (SEPAHAN): overview of methodology. *Journal of Research in Medical Sciences*
- Reza Bagherian-Sararoudi, Hamid Sanei, Abass Attari, Hamid Afshar. (2012). Type D personality is associated with hyperlipidemia in patients with myocardial infarction. *Journal of Research in Medical Sciences*
- Hamid Kalantari, Reza Bagherian-Sararoudi, Hamid Afshar, Hamed Daghighzadeh, Farzaneh Abotalebian, Jaleh Falah, Payman Adibi. (2012). Relationship Between Negative Affectivity and Severity of Irritable Bowel Syndrome (IBS) Symptoms. *Journal of Babol University of Medical Sciences*
- Hamid Kalantari, Reza Bagherian-Sararoudi, Elham Babaeipour. (2012). Comparison of behavioral activation system and behavioral inhibition system in irritable bowel syndrome patients and normal individuals. *Journal of Babol University of Medical Sciences (JBUMS)*
- Golamreza Kheirabadi, Reza Bagherian-Sararoudi, Nasrin Masaeli, Reyhaneh Zonary. (2012). Comparison of depression Between people with and Without high blood pressure. *Journal of Research in Behavioral Sciences*.
- Reza Bagherian-Sararoudi, Hamid Sanei, Ali Baghbanian. (2012). Myocardial infarction and depression: A review article. *ARYA Atherosclerosis Journal*
- Ilnaz Sajjadian, Hamid TaherNeshat Dost, Hamid Molavi, Reza Bagherian-Sararoudi (2012). Cognitive and emotional factors influence on chronic low back pain of women: Explanation the role of Fear-Avoidance believes, Pain Catastrophizing and anxiety. *Journal of Research in Behavioral Sciences*.
- Iran Davoudi, Mahnaz Mehrbizadeh Honarmand, Elahe Shirvanian, Reza Bagherian-Sararoudi (2012). Investigating psychological variables as predictors of Adherence of Treatment and Health Related Quality of Life in Hemodialysis Patients. *Journal of Mazandaran University of Medical Sciences*.
- Mousavi Sayd Ghafoor, Mohammad Saadat, Mohamad Reza Maraci, Reza S Bagherian, Mina Mazaheri (2012). Comparison between the effect of liothyronine and piracetam on personal

information, orientation and mental control in patients under treatment with ECT. *Indian Journal of Psychiatry*.

- Reza Bagherian, Hamid Saneei, Hamid Kalantary. (2011). The Mediating Processes Between Depression and Cardiac Adverse Events. *Journal of Babol University of Medical Sciences*.
- Reza Bagherian-Sararoud, Hamid Afshar, Peyman Adibi, Hamed Daghighzadeh, Jaleh Falah, Farzaneh Abotalebian. (2011). Type D Personality and quality of life in patients with Irritable Bowel Syndrome. *Journal of Research in Medical Sciences*.
- Hamid Afshar, Reza Bagherian, Nasim Foroozandeh, Newsha Khorramian, Hamed Daghighzadeh, Mohammad Reza Maracy, Peyman Adibi. (2011). The relationship between illness perception and symptom severity in patients with irritable bowel syndrome. *Journal of Isfahan Medical School*.
- Reza Bagherian-Sararoudi, Hamid Sanei, Ali Baghbanian. (2011). The Relationship Between Type D personality and Perceived Social Support in Myocardial Infarction Patients. *Journal of Research in Medical Sciences*.
- Hamid Afshar, Hamed Daghighzadeh, Ali Toghiani, Peyman Adibi, Reza Bagherian. (2011). The Stressors and Perceived Social Support in the Patients with Ulcerative Colitis. *Journal of Isfahan Medical School*.
- Reza Bagherian-Sararoudi, Hamid Kalantary, Elnaz Babaeipour, Mohammad Reza Maracy, Hamid Afshar, Peyman Adibi (2011). Behavioral activation system and behavioral inhibition system in patients with irritable bowel syndrome. *Journal of Isfahan Medical School*.
- Reza Bagherian, Hadi Bahrami Ehsan. (2011). Psychometric Properties of the Persian Version of Type D Personality Scale (DS14). *Iranian Journal of Psychiatry and Behavioral Sciences*.
- Reza Bagherian, Mohsen Maroofi, Maryam Fatolah Gol, Fatemeh Zare. (2011). Same Coping Styles Related to Reduction of Anxiety and Depressive Symptoms Among Myocardial Infarction Patients. *Semnan University of Medical Sciences (Koomesh)*.
- Reza Bagherian, Mohsen Maroofi, Fatemeh Said Zare, Ali Baghbanian. (2010). Coping Styles among Post MI Patients with Depressive symptoms. *Iranian Journal of Psychiatry and Clinical Psychology*.
- Yasamin Abedini, Reza Bagherian, Mahbobeh Sadat Kadkhodaie. (2010). The relationship between motivational beliefs, cognitive and Meta cognitive strategies and academic achievement: Testing of alternative models. *Journal of Advances in Cognitive Sciences*.
- Reza Bagherian, Mohsen Maroofi, Maryam Fatolah Gol, Hamid Saneei. (2010). Coping Strategies among Post MI Patients with Anxiety symptoms. *JBUMS Journal of Babol University of Medical Sciences*.

- Reza Bagherian, Mohsen Maroofi, Maryam Fatolah Gol, Fatemeh Zare. (2010). Prevalence of Anxiety, Depression and Coping Styles in Myocardial Infarction Patients Hospitalized in Isfahan Hospitals. *Journal of Mazandaran University of Medical Sciences (JMUMS)*.
- Mina Mazaheri, Hamid Afshar, Narges Mohammadi, Hamed Daghighzadeh, Reza Bagherian, Peyman Adibi. (2010). The Relationship between the dimensions of alexithymia with depression and anxiety in patients with functional gastrointestinal disorders. *Journal of Research in Behavioral Sciences*.
- Gholamreza KheirAbadi, Reza Bagherian, Kianoosh Nemati, Hamed Daghighzadeh, Mohamad Reza Maracy, Ali Gholamrezaei. (2010). The Effectiveness of Coping Strategies Training on Symptom Severity, Quality of Life and Psychological Symptoms among Patients With Irritable Bowel Syndrome. *Journal of Isfahan Medical School*.
- Reza Bagherian, Hamid Saneai, Hadi Bahrami Ehsan. (2010). The relationship of history of hypertension and illness cognitive representation in post-myocardial infarction. *Journal of Isfahan Medical School*.
- Reza Bagherian, Alireza Andalib. (2010). The Role of Psychoneuro-immunological Processes in Pathogenesis of Coronary Artery Disease. *Journal of Isfahan Medical School*.
- Reza Bagherian, Bahaman Samah, Asnarulkhadi Abu Samah, Shamsuddin Ahmad. A social exchange approach to people's participation in watershed management programs in Iran (2009). *European Journal of Scientific Research*
- Reza Bagherian, Gholamhossien Ahmadzadeh, Mehrafarin Mahmmodi. (2009). Coping Styles Among Patients With Diabetes. *Journal of Arak University of Medical Sciences*
- Reza Bagherian, Hadi Bahrami Ehsan, Bijane Guilani, Hamid Saneai. (2009). Perceived Personal Control and Post-MI Depression. *Journal of Clinical Psychology: Research and Practice Innovations*.
- Reza Bagherian, Gholamhossien Ahmadzadeh, Ali Baghbanian. (2009) Relationship between Dimensions of Locus of Control and Mental Health in Iranian University Students. *Iranian Journal of Psychiatry and Behavioral Sciences*.
- Reza Bagherian, Hamid Saneai. (2009). Relationship Between History of Myocardial Infraction and Cognitive Representation of Myocardial Infraction. *Journal of Research in Psychological Health*.
- Reza Bagherian, Tahereh Pourkazem, Aboulghassem Nouri, Peyman Adibi. (2009) The Effects of Stress Management Training On Symptoms of Medical Treatment-Resistant Functional Dyspepsia. *Govareh*.

- Reza Bagherian. (2009). Type D personality. *Journal of Research in Behavioral Sciences*.
- Reza Bagherian-Sararoudi, Bijan Guilani, Hadi Bahrami Ehsan, Hamid Saneei. Relationship between Post-Myocardial infarction depression and left ventricular function (2008). *Iranian Journal of Psychiatry and Clinical Psychology*
- Reza Bagherian, Nargess Attaran, Maryam Keypoor, Gholamreza Khierabadi, Mohamad Reza Maracy. (2008). Beneficial Effects of Brief Psychoeducational Intervention (Self-Management and Behavioral Modification) on Quality of the Life for Patients with Chronic Obstructive Pulmonary Disease. *Avicenna Journal of Clinical Medicine*.
- Gholam reza Khierabadi, Maryam Keypoor, Nargess Attaran, Reza Bagherian, Mohamad Reza Maracy. (2008). Effect of Add-on “Self Management and Behavior Modification” Education on Severity of COPD. *Journal of Respiratory Disease, Thoracic Surgery, Intensive Care and Tuberculosis*.
- Reza Bagherian, Gholamhossien Ahmadzadeh. Emad Yazdani. (2008). Study of Coping Styles Among Dialysis Patients. *Koomesh. Journal of Semnan University of Medical Sciences*.
- Soroor Arman, Ghazal Zahed, Mehdi Bina, Fereshte Shakibaei, Reza Bagherian, Hamidreza Roohafza. (2008). The effect of Couple`s Dialogue Technique on Marital Conflict and Child Behavior. *Journal of Arak University of Medical Sciences*.
- Reza Bagherian, Hamid Saneei, Hadi Bahrami Ehsan. (2007). Demographic and Medical Predictors of The Onset of Post-MI Depression. *ARYA Atherosclerosis Journal*.
- Reza Bagherian. An exploratory investigation of predictors of depression following myocardial infarction (2007). *Tehran: University of Tehran*
- Reza Bagherian, Bijan Guilani, Hadi Bahrami Ehsan, Hamid Saneei. (2007). Screening For Clinical Depression In Post MI Patients With The Beck Depression Inventory For Primary Care. *ARYA Atherosclerosis Journal*.
- Reza Bagherian, Ebrahim Esfandiari, Asadolahi Ghorbanali, Fariba Rahmani. (2006). Relationship between Cephalometric Indices and Schizophrenia. *Journal of Research in Behavioral Sciences*.
- Saeed Manssori, Abbas Attari, Masoud Amini, Reza Bagherian. (2004). A comparison of diabetes mellitus incidence between atypical and typical anti-psychotic drugs in Janbazan with mental disorder. *Journal of Arak University of Medical Sciences*.
- F Nabatchian, SH Khaghani, R Bagherian, R Miri, M Mahmoodi, P Pasalar. The relationship between oxidative stress and the onset of coronary artery disease (2004). *Medical Journal of the Islamic Republic of Iran*.

- Sh Khaghani, P Pasalar, B Adibi, M Qaraati, R Bagherian, S Moein, T ESHAGHI. The effect of hormonal and non-hormonal contraceptive methods on the antioxidant content of human milk (2004). *Acta Medica Iranica*
- Reza Bagherian. (2003). A Comparison Between Effectiveness of Progressive Muscle Relaxation Training and Amitriptyline in Patients with Tension Headache. *Journal of Research in Medical Sciences*.
- Reza Bagherian, Gholamhossien Ahmadzadeh, Ghorbanali Asadollahi, Fariba Kalantari. (1999). Memory functions in patients with progressive and chronic Multiple Sclerosis. *Journal of Research in Medical sciences*.
- Abbas Attari, Gholamreza Ghasemi, Reza Bagherian, Ali Resmanchian. (1997). Stressful Events Among the Adults In Isfahan. *Medical Journal Of the Islamic Republic Of Iran*.

Books

- Stress and Personality. Isfahan University of Medical Sciences Press. 2024
- Advanced Pediatric Life Support: A Practical Approach
- Cognitive-behavioral therapy in the elderly Jeyhon Tehran. 2008
- Clinical Psychiatry (Farsi) Isfahan University of Medical Sciences Press. 2000
- Community Psychiatry Porsesh publication. 1999
- Psychological Aftermath of War Bahar publication. 1992

Conferences

- Health Psychology and Cancer Care. International conference of Psycho-oncology. 2019
- The Relationship Between Stress and Infertility. The 2th Annual Congress of Iranian Association of Psychosomatic Medicine. 2019
- Psychotherapy and Physical Health. The 2nd Annual Congress of the Iranian Psychotherapy Association. 2019
- Addiction prevention in children and adolescents: a review of literature on individual, family and community risk factors. The 2th National Congress of Psychology and Psychosocial pathology. 2017

- Personality Disorders and Violence. The 3th National Congress on Psychology in Iran, Tehran, Iran. 2017
- Psychosomatic Disorders: Emotions and Physical Health. The 4nd International Congress on Psychosomatic Medicine. 2017.
- Elimination of Mother to Child Transmission in Esfahan 2004- 2014. The 5th National Congress of Risky Behaviours.2015 Zahedan. Iran
- Investigating Relationship Between Social Support and Quality of Life in patients undergoing Coronary Artery Bypass Graft Surgery (CABG). The First Iranian Congress of Health Psychology. 2014
- Comparison of Psychological factors Related to chronic low back pain Between women with and without low back pain. The First Iranian Congress of Health Psychology. 2014
- Investigating Medical and Psychological Predictors of Quality of Life in patients undergoing Coronary Artery Bypass Graft Surgery (CABG). The First Iranian Congress of Health Psychology. 2014
- Type D Personality and quality of life in patients with Irritable Bowel Syndrome. The 30nd International Congress of psychology. 2012
- Comparison of Brain/Behavior Systems Activity Between Patients with IBS and Normal People. The 20nd European Congress of Psychiatry 2012
- Cognition and Pain 3th International Congress of Psychosomatic Disorders. 2011
- Comparison Between the Effects of Liothyronine and Piracetam on Personal Information, Orientation, and Mental Control in Patients Under Treatment with ECT WPA Thematic Conference, Re-thinking Quality in Psychiatry: Education, Research, Prevention, Diagnosis, Treatment. 2011
- Coping Styles Among Post-Myocardial Infarction Patients with Depressive Symptoms. 19th European Congress of Psychiatry. 2011
- Monotheistic Attitude in Quran and Self Esteem 1th Congress of Quran Schalors and Medicine. 2011
- Myocardial Infarction and Depression The 28th Annual Meeting of the Iranian Psychiatric Association. 2011
- Prevalence of Anxiety and Depression Three Months After Myocardial Infarction The 28th Annual Meeting of The Iranian Psychiatric Association. 2011
- Psychological Factors and Chronic Low Back Pain 3th International Congress of Psychosomatic Disorders. 2011
- The Mediating Processes Between Depression and Cardiac Adverse Events 3th International Congress of Psychosomatic Disorders. 2011
- The Relationship Between Type D personality and Perceived Social Support in Myocardial Infarction Patients The 3rd World Congress of Asian Psychiatry (WCAP 2011) 31 July – 4 August 2011. 2011
- The Theoretical Aspects of Psychological Interventions of low back pain 3th International Congress of Psychosomatic Disorders. 2011
- Comparison of The Prevalence of Depressive Symptoms between Patients with Hypertension and Normal People 10th CosecutiveAnnual Meeting of the Iranian Psychiatric Association. 2010

- History of Myocardial Infraction and Illness Cognitive Representation in Post-MI Patients 18th European Congress of Psychiatry, 27th February - 2nd March 2010. 2010
- Illness representations as predictors of quality of life in hemodialysis patients The 27th International Congress of Applied Psychology. 2010
- Integrating Psychological interventions and pharmacotherapy in the Treatment of bipolar disorder 10th CosecutiveAnnual Meeting of the Iranian Psychiatric Association. 2010
- Study of life events and Social Support in Inflammatory Bowel Disease 10th Iranian International Congress of Gastroenterology and Hepatology. 2010
- Beneficial Effects of Brief Psychoeducational Intervention (self-management and behavioral modification) On Quality of Life For Patients With Chronic Obstructive Pulmonary Disease The Second National Congress On Research In Clinical Psychology. 2009
- Comparison of incidence of diabetes mellitus in schizophrenic patients treated with atypical or typical antipsychotics 2nd european conference on schizophrenia research – From Research to Practice. 2009
- Coping Styles Among Dialysis Patients 11th European Congress of Psychology. 2009
- Coping Styles Among Patients with Diabetes 9th annual congress of Iranian Psychiatrists Association. 2009
- Effect of add-on “self management and behavior modification” education on severity of chronic pulmonary obstructive disease The 17th European Congress of Psychiatry. 2009
- Effects of Coping Strategies Training in the Management of Irritable Bowel Syndrome Iranian International Congress of Gastroenterology and Hepatology, November 10-13. 2009
- Negative Emotions and Endothelial Function The 1st National Congress of Endothelium. 2009
- Psychotherapy for Elderly People National Congress of Gerontology & Geriatrics. 2009
- The Relationship of the Dimensions of Alexithymia with Depression and Anxiety in Functional Gastrointestinal Disorders Iranian International Congress of Gastroenterology and Hepatology, November 10-13. 2009
- Type D Personality and Severity of Irritable Bowel Syndrome (IBS) symptoms 9th Iranian International Congress of Gastroenterology and Hepatology, November 10-13. 2009
- Type D Personality Is Associated with Hyperlipidemia in Patients with Myocardial Infarction 11th European Congress of Psychology. 2009
- Screening for Clinical Depression in Post-MI Patients with the Iranian Version of Beck Depression Inventory for Primary Care The XXIX International Congress of Psychology. 2008
- Type D personality, pathogenesis of cardiac disease The 2nd International Psychosomatic Congress. 2008
- Efficacy of Stress Management Training in Improvement of Stress Symptoms and Non Ulcer Dyspepsia Symptoms 1th National Congress of Psychosomatic Medicine. 2007

- Prediction of Post-MI Depression with LVEF 1th National Congress of Psychosomatic Medicine. 2007
- Theoretical Explanation of Adherence Among Patients with Medical Conditions The 1st National Congress of Health Humanities. 2007
- Behavioural interventions using communication technology The 1th national congress of technology, communications & mental health. 2006
- Mental Health and Locus of Control among Iranian University Students 26th International Congress of Applied Psychology. 2006
- Puzzle of Placebo 4th congress of Psychopharmacology. 2006
- A Randomized Controlled Trial of Relaxation Training, Amitriptyline and Combined Procedures for Patients with Tension Headache 9th European Congress of Psychology. 2005
- The Role of Psychoneuroimmunological Processes in Pathophysiology of Coronary Heart Diseases 3th congress of psychopharmacology. 2004
- Memory Impairment in Patients with Chronic Progressive Multiple Sclerosis Fifth Iranian Congress of Research in Psychiatry and psychology. 1998
- prevalence of stressful life events in isfahan Firts eastern mediterranean congress on preventive cardiology. 1997
- Childhood Temperament and Its Role in Psychiatric Disorders the Second Congress of Behaviour Disorders in Child and Adolescent. 1993
- Symptomatology of Iranian P.T.S.D patients The First Iranian Congress of Research in Psychiatry and psychology. 1988

Editorial Responsibilities

2026-Present

- Member of Editorial Board of Journal of Mental Health Promotion

2014- Present

- Member of Editorial Board of Journal of Psychological Health. University of Tehran.

2012- Present

- Member of Editorial Board of Journal of Cognitive and Behavioral Sciences. University of Isfahan

2011- Present

- Editor-in-Chief of Journal of Research in Behavioral Sciences, Behavioral Sciences Research Center at Isfahan University of Medical Sciences

2011- Present

- Section Editor in Journal of Isfahan Medical School. Isfahan University of Medical Sciences

2011- Present

- Member of Editorial Board of Iranian Journal of Health Psychology.

2009- 2012

- Member of editorial board for the Journal of KhanevadehMottahar Isfahan

Frequent reviewer for

- Journal of Marital and Family Therapy. USA
- Journal of Research in Behavioral Sciences
- Journal of Babol University of Medical Sciences
- Journal of Isfahan Medical School
- Journal of Psychology: School of Educatuion and Psychology, Isfahan University.
- Journal of Medical Educatuion, Isfahan University of Medical Sciences
- Journal of Research in Medical Sciences. Isfahan University of Medical Sciences
- Journal of Preventive Medicine. Isfahan University of Medical Sciences
- Journal of Advanced Biomedical Research

Frequent grant proposal reviewer for

2006-Present

- Research Department of Medical School

1995-Present

- Behavioral Sciences Research Center

2006 -Present

- Clinical Research Council of Research Department, Isfahan University of Medical Sciences.

2008 -Present

- Research Council of School of Medicine, Isfahan University of Medical Sciences.

Administrative Experience

2020-Present

- Member of Accreditation Committee for Clinical Psychology at The Ministry of Health and Medical Education (Iran)

2015-Present

	• Head of Health Psychology Department at Isfahan University of Medical Sciences
2014- Present	• Head of The Health Psychology Committee of Iranian Board member of clinical psychology at The Ministry of Health and Medical Education (Iran)
2014- Present	• Iranian Board member of clinical psychology at The Ministry of Health and Medical Education (Iran)
2014-Present	
2014-Present	• President of the First Iranian Congress of Health Psychology. Isfahan University of Medical Sciences. 2014
2014-Present	• Head Of Psychotherapy Clinic at Isfahan University of Medical Sciences
2014-Present	• Head Of Health Psychology Research Group at Behavioral Sciences Research Center in Isfahan University of Medical Sciences
2011- 2014	• Head Deputy for Department of Psychiatry at Isfahan University of Medical Sciences
2011- Present	• Responsibility for Founding Department of Clinical Psychology at Isfahan University of Medical Sciences
2011-2012	▪ Second Secretary of the Residency Research Council Isfahan University of Medical Sciences
2011-Present	▪ Editor-in-Chief of Journal of Research In Behavioral Sciences, Behavioral Sciences Research Center at Isfahan University of Medical Sciences
2008- 2013	▪ Head of Subdivision Clinical Psychology at the department of psychiatry, Isfahan University of Medical Sciences
2008-2010	▪ Head of Evaluation Committee For Academic Staffs School of Medicine, Isfahan
1994-2005	▪ Head of Subdivision Clinical Psychology at the department of psychiatry, Isfahan University of Medical Sciences
1994-2001	▪ Council Member of Education for Medical Basic Sciences School of Medicine at Isfahan University of Medical Sciences.

University Committees

2016- 2018	● Member of Policy Making Council of Mental Health. Isfahan University of Medical Sciences
2015- Present	● Member of Team Work for Revising Publication Regulation at Isfahan University of Medical Sciences
2015- Present	● Member of Publications Council of Isfahan University of Medical Sciences
2014- Present	● Member of Council for Ph. D By Research at Isfahan University of Medical Sciences
2014- Present	● Member of Publication Committee of School Of Medicine at Isfahan University of Medical Sciences
2012- Present	● Member of Publication Committee at Behavioral Sciences Research Center in Isfahan University of Medical Sciences
2011- 2013	● Member, Research Council of Psychosomatic Research Center Isfahan University of Medical Sciences.
2011- Present	● Member, Research Council Addiction Research Center. Coordinating Council of Struggle with Substances In Isfahan County Coordinating Council of Struggle with Substances In Isfahan County
2009- 2012	
2009 – Present	● Committee Member Publication Committee of School of Medicine ● Research Council Member of Medical School at Isfahan University of Medical Sciences
2003- Present	● Research Council Member Behavioral Sciences Research Center, Isfahan University of Medical Sciences
2007 - 2008	● Research Council Member Clinical Research Design Council, Research Department of Isfahan University of Medical Sciences
2005– 2007	● Research Council Member Health Humanity Research Center, Isfahan University of Medical Sciences
1996 – 2003	

- 1994 – 2002
 - Council Member of Education for Medical Basic Sciences School of Medicine at Isfahan University of Medical Sciences
 - Membership of Clinical Psychology Committee Clinical Psychology committee at the center of Behavioral Sciences Research at the university of Esfahan.

Degrees

- 2006
 - Health Psychology: Clinical Health Psychology Ph.D.
- 1993
 - Clinical Psychology: Behavioral Medicine M.S.
- 1988
 - Psychology: Clinical Psychology B.S.

Professional Affiliations

Member of Team work for Mental Health.

Member of Association Of Iran Psychosomatic Medicine
Head Deputy for Iran Association of Health Psychology. 2012- Present

Psychology and Counseling Organization of I.R. IRAN, Member of Health Psychology Commission.
2013-Present

Foundings and Plannings

- 2011
 - Department of Clinical Psychology at Isfahan University of Medical Sciences
- 2011
 - MS Program in Health Psychology, Isfahan University of Medical Sciences.
- 2008
 - Psychotherapy Clinic at Psychiatric Clinics, Isfahan University of Medical Sciences.
- 2007
 - Essential Health Psychology Course for Ph. D Students of General Psychology Department of Psychology at Isfahan University
- 2007
 - Health Psychology (Religious Approach) for MS students of Psychology of Religion Department of Psychology at Isfahan University
- 1996
 - Subdivision of Clinical Psychology Department of Psychiatry at Medical School of Isfahan University of Medical Sciences

Honors, Prizes and Awards

- Award Dean, For Administrative Activity as Head Deputy for Department of Psychiatry, 2013
- Award for Research and Publications from Research Department of Isfahan University of Medical Sciences 2013
- Award Chancellor, For Promotion of Journal of Research in Behavioral Sciences. Editor-in-Chief of Journal of Research in Behavioral Sciences 2012
- Award for Publications in Promotion to Associate Professor from Chancellor 2011
- Award Dean, for Teaching Psychology for Medical Student. School of Medicine. 2007
- Award Dean, for Teaching Psychology, School of Medicine. 2000
- Award Dean, for Teaching Psychology, School of Medicine. 2000
- Award Dean, for Teaching Psychology, School of Medicine. 1998
- Award Head of Department. for Teaching Psychology, 1997
- Award for First Rank Chancellor, Isfahan University. 1988

Professional Experiences

Teaching Health Psychology Course for Ph. D Students In Psychology 2015-Present. The University of Isfahan, Department of Psychology.

- President of the First Iranian Congress of Health Psychology. Isfahan University of Medical Sciences. 2014
- Teaching Foundation of Health Psychology Course for Ph. D By Research Students In Health Psychology 2014-Present
- Teaching Psychopathology Course for Ph. D Student of Psychology. University of Isfahan. 2012-2013
- Practical Psychotherapy Training for Psychiatric Residents Isfahan University of Medical Sciences. 2007 – Present
- Teaching Psychotherapy Theories Course for Psychiatric Residents Isfahan University of Medical Sciences. 2006 – Present
- Part Time Researcher in Behavioral Research Center at Isfahan University of Medical Sciences, 2004 – present
- Teaching Basic Psychology for Psychiatric Residents Isfahan University of Medical Sciences. 1996 – Present

- Teaching Psychology and Behavioral Sciences for Dental Residents Isfahan University of Medical Sciences. 1998-2000
- Teaching Nonorganic Interventions for Medical Student in Psychiatric Course, Isfahan University of Medical Sciences. 1994 – Present
- Teaching Medical Psychology for Medical School Isfahan University of Medical Sciences. 1990 – Present
- Teaching Medical Psychology for Dental Students Isfahan University of Medical Sciences. 1990 – Present
- Teaching Mental Disorders Course for Dental Students Isfahan University of Medical Sciences. 1996 – 2010
- Clinical Child Psychologist Child and Adolescent Psychiatric Clinic in Isfahan. 1995 – 1998
- Part Time Researcher Cardiovascular Research Center, Isfahan. 1994 – 1997
- Courses taught (B.Sc. level) Isfahan University of Medical Sciences. 1990 – 1993
- Clinical Psychologist Hospitals and Medical centers affiliated Isfahan University of Medical Sciences. 1989 – 1993
- Courses taught, Physiological Psychology (B.Sc. level) 1990-1992
- Courses taught (B.Sc. level) Isfahan University. 1990 – 1991

Reviewer and academic Member for:

- Academic Member, The 2th Iranian Congress of Social Psychology. 2014
- Reviewer and academic Member of 2th International Congress of Psychosomatic Disorders Isfahan University of Medical Sciences. 2008
- Reviewer and Academic Member of 1st Iranian Congress on Health Humanities Isfahan University of Medical Sciences. 2007
- Reviewer and academic Member of 1th International Congress of Psychosomatic Disorders Isfahan University of Medical Sciences. 2007
- Reviewer and academic Member of 1th International Congress of Psychosomatic Disorders Isfahan University of Medical Sciences. 2007
- Reviewer and Academic Member of 4th International Congress of Psychopharmacology Isfahan University of Medical Sciences. 2007
- Reviewer and Academic Member The 1th national congress of technology, communications & mental health Isfahan University of Medical Sciences. 2006
- Reviewer and Academic Member for 3th International Congress of Psychopharmacology Isfahan University of Medical Sciences. 2004

- Advisory for Arranging Curriculum Of MS In Health Psychology, 2010-2013

Fellowships and Sabbatical

2010. Research Stay at University of Freiburg, Department of Psychosomatic Medicine and Psychotherapy

2011. Observership for Clinical Health Psychology at University of Freiburg, Department of Psychosomatic Medicine and Psychotherapy

Research Interests

- Cognitive Behavior Therapy for depressed patients with medical Conditions
- Depression and Anxiety among patients with Cardiac Diseases
- Depression and quality of life of patients with chronic disease
- Personality and Psychosomatic Disorders
- Psychoneuroimmunology and Psychosomatic Disorders
- Psychological Aspects of Medical Conditions
- Psychological interventions for psychosomatic diseases
- The Role of Psychological Variables in functional gastrointestinal Disorders

Research Projects

- Identifying Barriers and Facilitators of Migration among Nurses in the Country: A Mixed-Methods Study. 2025
- Explaining the problems and coping process of specialized residents at Isfahan University of Medical Sciences in facing academic, psychological, and social issues and problems: Grounded Theory. 2024
- Preparation of Persian version and Determining the Psychometric Properties of the Mentalization Scale (MentS). 2020
- Investigating the effect of illness perception on the relationship between early maladaptive schemas and level of motor disability in multiple sclerosis patients. 2013
- Study of Psychometric Properties of Brief Illness Perception Questionnaire. 2013
- Investigating between cognitive schema, illness perception and quality of life in patients suffering from multiple sclerosis. 2012
- A comparison of psychological adjustment and type D personality in ulcerative colitis patients and normal's .2012
- An exploratory investigation of psychological, demographical and medical predictors of Coronary Artery Bypass Graft (CABG) patients' recovery, quality of life, adherence and mortality. (Grant Design). 2010
- The Mediating Effects of Cognitive, Meta-cognitive Variables in Relationship Between Self-Efficacy and Academic Achievement among High School Girl Students .2010

- Exploration of Relationship Between Dimensions of Alexithymia, And Depression and Anxiety Among People with Functional Gastrointestinal Disorders . 2009
- A Comparison of Effectiveness of Boswellia and Mefenamic acid on Primary Dysmenorrhea in Students of Shahrekod Medical University.2010
- Study of the Relationship Between Type D Personality, Illness Perception and Quality of Life .2010
- Study of the Relationship Between Coping Styles and Anxiety and Depression among infertile couples. 2010
- A Comparison of Brain/Behavioral Systems among Patients with IBS and Normal People. 2010
- A study of the relationship the dimensions of alexithymia with depression and anxiety in functional gastrointestinal disorders .2009

Theses Supervision

- Evaluating the effectiveness of lifestyle and stress management interventions in regulating menstrual cycle irregularities in women aged 18 to 30. 2025
- The mediating role of psychological capital and coping styles in the relationship between type D personality and psychological distress among individuals with coronary artery disease: A structural equation modeling. 2025
- Effectiveness of internet-based acceptance and commitment therapy on depressive symptoms, difficulties in emotion regulation and body image concerns of burn patients. 2024
- The effectiveness of psychoeducation for mothers of children aged 8 to 12 years with type 1 diabetes on HbA1c, self-management, quality of life and social support of children. 2023
- A comparative study of cognitive function in patients infected by covid one year after discharge with healthy population. 2023
- Comparison of the Effectiveness of Emotion Regulation Therapy for Cancer Caregivers (ERT-C) and Cognitive Behavioral Therapy (CBT) on depression and anxiety symptoms, Emotion Regulation Deficits, Perseverative Negative Thinking. 2022
- The relationship between psychological flexibility and illness intrusiveness ‘fatigue and pain due to the mediating role of emotion regulation in patients with multiple sclerosis. 2021
- Effectiveness of internet-based Acceptance and Commitment Therapy on Acceptance of Illness, Emotional Regulation and Reduction of Symptom Interference with Function in Patients with Breast Cancer. 2021
- The mediating role of illness perception between psychological flexibility and quality of life in coronary artery disease in isfahan: Application of Structural Equation Modeling. 2020

- Investigating the Mediating Role of Variable illness perception in the Relationship between Mentalization and Personality Type D with Quality of Life in Coronary Artery Disease Patients: An Application of Structural Equation Modeling. 2020
- Study of Mediating Role of Illness Perception Between Personality Variables and Adherence in MI Patients. 2014
- Study of Mediating Role of Coping Strategies Between Personality Factors and Illness Perception in MI Patients. 2014
- Study of Mediation by illness perceptions between Personality Factors and Quality of Life in MI Patients. 2012-2014
- The effectiveness and stability effect of Psychosocial Therapy and Biofeedback on improvement of Migraine attacks and headache disability of migraine patients. 2013-2014
- The Effectiveness Psychological Intervention for changing Illness Perception on Depressive and Anxiety Symptoms and Quality of Life in MI Patients. 2012-2014
- Investigating Medical and Psychological Predictors of Quality of Life in patients undergoing Coronary Artery Bypass Graft Surgery (CABG). 2012-2013
- Evaluation of intima media thickness of carotid arteries in 40-60 years old persons with type D personality and its comparison with normal's. 2012-2013
- Comparison of behavioral activation system and behavioral inhibition system in IBS patients and normal individuals. 2011 –2012
- Survey of association between "Endothelial dysfunction and low grade inflammation" with "Anxiety-Depression symptoms and personality traits" in official staffs of Isfahan University of Medical Sciences. 2011
- Comparison Left Ventricular Ejection Fraction (LVEF) Between Hospitalized MI Patients With And Without Type D Personality. 2011
- Study of the Pattern Recognition of Biomedical Signal Processing for ERP EEG Among Bipolar Disorder. 2011
- A comparison of psychological adjustment and type D personality in ulcerative colitis patients and normal's and comparison of the effects of cognitive-behavioral stress management and optimism training on their psychological adjustment, immunological markers and somatic symptoms. 2010
- Exploratory study of psychological variables associated with pain in chronic low-back women and development, assessment and effectiveness of an interventional protocol. 2010
- Study of the relationship between Personality Traits and Adherence in Patients with Hypertension. 2010
- Study of the Relationship between Type D Personality, Illness Perception and Quality of Life in CABG Patients. 2010
- Comparison of Anxiety, Depression, Hostility and Lipid levels Between Type D and Non-Type D People. 2009 –2011

- Study of Social Remoteness, Cardiovascular Reactivity level and Cortisol level in Type D Personality and Non-Type D Individuals .2009
- Study of Relationship Between Illness Perception and Quality of Life among Patients With IBS. 2009
- Study of Relationship Between Illness Perception and Symptom Severity among Patients With IBS. 2009
- The Study of Predictors of Adherence of Treatment and Health Related Quality of Life in End Stage Renal Disease Patients Under Dialysis in Isfahan's Hospitals .2009 –2011
- A Comparison of Parenting Technique and Standard Method in Improvement of The Reading and Writing. 2008 -2010
- Evaluation of the effectiveness of coping strategic training on the severity of symptoms and quality of life of the patients with irritable bowel syndrome. 2008 -2010
- Investigation of the relationship between type D personality and quality of life in patients with irritable bowel syndrome in Isfahan. 2008 – 2010
- Investigation of the relationship between type D personality and symptom severity in patients with irritable bowel syndrome. 2008 – 2010
- Comparison of Liothyronine and Piroacetam in Reduction of Amnesia Due to ECT 2008 – 2009
- Investigation of the relationship between Stress, Perceived Social Support and Symptoms Severity in patients with Ulcerative Colitis. 2007 – 2009
- Effectiveness of couple dialogue technique on marital relationship and siblings' behavior 2007 – 2008
- Study of Effectiveness Of Psychoeducational Intervention On Quality Of Life For Patients With Chronic Obstructive Pulmonary Disease. 2007 – 2008
- Study of Effectiveness Of Psychoeducational Intervention On Improving Symptoms In Patients With Chronic Obstructive Pulmonary Disease. 2007 – 2008
- Study of Beneficial Effects of Integrated Stress Management Program On Symptoms of Non – Ulcer Dyspepsia and Stress. 2006
- comparison of incidence of diabetes mellitus between atypical and typical antipsychotic drugs in Janbazan with mental disorder. 2004 – 2005
- relationship between Perceived Social Support and Self-Esteem In Students of Isfahan University of Medical Sciences. 2004 – 2005
- Study of Coping Strategies of Dialysis Patients and Diabetic Patients. 2004 – 2005
- Study of Relationship Between Depression and Hypertension. 2004 – 2005
- Study of Relationship Between Coping Strategies, Social Support and Psychological Functioning. 2004 – 2005

- Clomipramine, Hydroxyzine and Behaviour Therapy in Trichotilomania. 1995 – 1996
- Comparison of Pharmacological Treatment and Nonpharmacological Intervention in Trichotillomania. 1995 – 1996
- Study of Memory functions in patients with progressive and chronic Multiple Sclerosis. 1994 – 1995

Present Doctoral Students

MansoorShiri, Illness Perception, Quality of Life and Psychological Functioning in Posr MI Patients 2013

BehnazNikKarIsfahani, Exploratory investigation of Psychological Factors Determining Motivational Level for Life Style Modification and Promotion among Obese People. 2013

Community Service Activities

Danesh Radio, Frequent Interview about Mental Health

Javan Radio, Frequent Interview about Mental Health

Isfahan TV, Frequent Interview about Mental Health

Isfahan Ziba Newspaper, Frequent Interview about Mental Health

Isfahan Emrooz Newspaper, Frequent Interview about Mental Health

National TV, Frequent Interview about Health Psychology

Naserin Charity, Isfahan